

## Segment

## Duration

## Details

## Titles

38"

Title Sequence (GFX 100%)

## Coming Up

52"

Intro

Welcome to our world!

Welcome to Arsenal World.

On this week's show Mes and Musti play Spin the Wheel.

We celebrate International Women's Day.

Bernd Leno reviews his first **six** months at the club in Close Up.

And we meet **super fan** Chris Cannon on his 250<sup>th</sup> consecutive European game.

But before all that, Mesut and Skodran play a little game...

## Item #1

4'00"

Spin the Wheel – Mesut and Mustafi.

Mesut Ozil: "*Heroes, Musti.*"

Shkodran Mustafi: "*Is it heroes?*"

MO: "*Yep.*"

SM: "*Okay. Who's your hero?*"

MO: "*So my hero was Zinedine Zidane, because when I was young I always watched his games and his skills.*"

SM: "*That's amazing.*"

MO: "*Thank you so much, Musti.*"

SM: "*My hero when I was younger was my mother because she always saved me from bad situations with my father when he got angry. My mother was the one who said: 'no, come on, leave him, he's young'. She was my hero. She always saved me.*"

Together: "*No!*"

SM: "*When did you start to like or to hate school?*"

MO: "*I always just wanted to play football. I*

## Segment

## Duration

## Details

went to this school, and the first two or three hours was always like training outside with the team. I really enjoyed that time.

SM: "For us it was different. When I went to Hamburg I was going to school normally, like everyone else, and then in the afternoon we did training. I quite liked the time before when I was younger going to school, because then I enjoyed the breaks and hanging out with my friends. I had to finish my school, I did it and I'm very thankful I made it through."

MO: "Me too. Series."

SM: "What is the series that you watched in the quickest time? Like which one did you go through like: bang, bang, bang, bang. One after the other."

MO: "It was Power. You know the series Power?"

SM: "Power. With Ghost."

MO: "Yeah."

SM: "Yes, I know it. But you watched it every day?"

MO: "Every day."

SM: "How long did it take you to watch everything?"

MO: "Maybe two weeks."

SM: "And in these two weeks you didn't go to training? You stayed at home watching Power?"

MO: "No, you know if you had a game away, you know, one day before you have to travel and then you are in the hotel."

SM: "I got you, I got you."

MO: "Like that."

SM: "Mine was Prison Break."

MO: "I know it"

## Segment

## Duration

## Details

SM: "Because at this time when I was watching Prison Break, I was in pre-season in Australia. When I was awake, everyone else was sleeping so I had no one else to chat to and no one to phone. All I was doing the whole afternoon and before I went to bed was watching Prison Break until three o'clock in the morning. Then I had to wake up for training, I was tired and I was saying: 'today, I'm going to go to bed early'. But then, again, I watched it until three o'clock. So I was finished with Prison Break!"

MO: "So my best friend in football is Musti. We always spend time together here, make a lot of jokes."

SM: "Who is your best friend in general?"

MO: "In general?"

SM: "Because obviously here in the training room we know you like to spend time with me and I can understand [that]. But, I mean in general?"

MO: "My people in Germany."

SM: "Your friends in Germany?"

MO: "Yes. We grew up together, and even in bad times and good times, we stayed together."

SM: "How many are there?"

MO: "We are not a lot of people. Maybe like six."

SM: "Can we go with seven?"

MO: "Of course. You're in my friend. And yours?"

SM: "My best friends, actually, are my cousins because in the city where I grew up in Germany, my whole family was living there. When your family is living there you are hanging around cousins. We were the same age and in the day we always found time to be together. For me, they are my cousins but at the same time they are my

Segment

Duration

Details

*best friends.”*

*MO: “Bro, amazing. Thank you.”*

*SM: “I’m so happy that I got to know you more, because I think we don’t spend too much time in the training room.”*

*MO: “I know.”*

*SM: “I’m so happy to know your story.”*

*MO: “Thank you. I see you soon, yeah?”*

**Sting****This Week at Arsenal 1’24”****90 Minutes in 90 Seconds**

**Welcome to 90 minutes in 90 seconds as we recap the Gunners greatest games in under a minute-and-a-half!**

**This week we remember an historic night in north London as we won the league at White Hart Lane.**

**Coming off the back of a famous win in the UEFA Fairs Cup in 1970, the following season saw Bertie Mee’s side build on that confidence and belief to become genuine title contenders.**

**Up top, the likes of Ray Kennedy and John Radford were dominant but we were even more formidable at the back as our defence, led by Frank McLintock, shut down opposition attacks with remarkable regularity.**

*Frank McLintock quote: “The determination and ability to win a game. Once we were one-nothing up, you could forget about it. You could go and get your fish and chips, your cup of tea, get on your bike and go home. We never gave a game away, that I can remember, once we were 1-0 up, That was it.”*

**After beating Stoke City 1-0 in our penultimate game of the season, we travelled to Tottenham needing a win or 0-0 draw to claim the title and thanks to the head of Kennedy we did just that.**

**GOAL**

Segment

Duration

Details

We were crowned champions in our fiercest rival's back yard on a momentous night in our history.

Sting

Item #2

5"00

### International Women's Day

A balanced world is a better world, so this week, **with the help of our players**, we're taking part in International Women's Day to pay tribute to **those** who've been an inspiration to our squad.

*Danielle van de Donk: "My sporting inspiration was Kelly Smith. In school we always had to write essays and **everything**. Obviously I wanted to do it about women's football. So I started Googling Kelly Smith and when I joined the club I just looked up to her."*

*Beth Mead: "My inspiration is Kelly Smith. I actually went to watch Arsenal one day and she came and spoke to me. My dad practically dragged me to come and speak to her, and she spoke to me and gave me a lot of advice, which has helped me get to where I am today."*

*DVD: "She always made me feel very welcome, even if she wound me up all the time in training, which was fine. Her quality just made me think that I want to be like her."*

*Mesut Ozil: "So I will pick Marta, the soccer player from Brazil. She's very, very good with her skills, she scores a lot of goals - especially in the World Cup. **She's** scored a lot of goals, I think the most."*

*Leah Williamson: "My sporting inspiration is Jessica Ennis-Hill."*

*Beth Mead: "Jess Ennis."*

*Aaron Ramsey: "Jessica Ennis-Hill."*

*Leah Williamson: "From a young age I've always looked up to her. For someone that had a bit of a hard time and then also had the weight of a nation on her shoulders going into [London] 2012, and then to deliver I think is something absolutely spectacular."*

## Segment

## Duration

## Details

AR: "In 2012 when we went to the Olympics with the football team and all the posters and everything, she was on them all and she did an amazing job and had to carry all that weight behind her. To still go out there and compete and to win an Olympic gold medal was amazing for her and for the country."

LW: "I was actually there outside the stadium on Super Saturday at 2012, so I heard the roars and I was watching it on my phone. It was something that will live with me forever."

BM: "We play one sport that we excel in but she's got to do that to the best of her ability in every sport that she plays, and that must take some mentality. That's why Jess is my inspiration."

Bernd Leno: "So for me, and for all the people in Germany, Steffi Graf is one of the biggest sportswomen. I think her success shows how big her motivation was every day and for every game. For me, she's one of the biggest and greatest sportswomen, not only in Germany, but all over the world."

Kim Little: "So my sporting inspiration is Julie Fleeting. She was a stalwart for the women's game in Scotland when I was a youngster and youth player growing up. She played for Arsenal when I first came down here and was a real role model for me in terms of what she did with her career. Playing first professionally down here at Arsenal and also going to America. She paved the way and gave me something to aspire to and to achieve great things."

Henrikh Mkhitaryan: "I would say Serena Williams. First of all she's a great tennis player, she has won a lot of titles. She has been a strong woman. She inspired a lot of people and especially myself."

Louise Quinn: "Well for me, a woman that inspires me is Sonia O'Sullivan. Ever since I've been a kid she's definitely been a figure that's been present in our household. It's definitely something, the 2000 Olympics, when she was running the 5,000m. I think in primary school our day came to a stop just so we

**Segment****Duration****Details**

could watch that race and that's something that I remember so **much**. She just did the country proud that day so she's an inspiration Irishwoman for me."

Katie McCabe: My inspiration would be my mum. She is a strong, really strong, woman that I've looked up to all my life. Which then obviously knocks onto my sisters and myself. We carry that forward with us. She's been a major part of my career going forward.

DVD: "My mum is my biggest inspiration. She worked, back in the day, three jobs just to drive me around the whole of the Netherlands to bring me to every practice where the national team was. I could be up north or down south, it didn't matter."

LW: "My mum **was always a great** inspiration to me. As a female, being so independent and such a strong person herself. Even now, going to watch her play netball, she's an inspiration to me the way she conducts herself and the level of competitiveness she has always puts a smile on my face. I just think it's amazing that I have someone like that to look up to and I'm trying to follow in her footsteps."

Joe Montemurro: "Probably the biggest inspiration in my career and the biggest - I **suppose** - support mechanism in my career has been my wife, Linda. The early years, the amazing support and the ability to put up with the emotions, the ups and downs of the coaching process - which isn't as clean-cut as the normal jobs. She's always been there supporting and has always been the backbone of anything that I've done going forward and she's living in Australia and taking care of things in Australia and **is** an amazing support and inspiration, even from afar. So I think without her I wouldn't have been able to achieve and do the things that I love doing so, yeah, she's been an amazing person in my life."

**Sting****Throw to Break****14"****Throw to Break**

**That's the half-time whistle here on Arsenal World but we'll be back after the break for**

**Segment****Duration****Details**

Close Up with Bernd and Chris Cannon's 250<sup>th</sup> European game.

**Break****Welcome Back**

28"

**Welcome Back**

Welcome back to Arsenal World.

Still to come:

We catch up with Bernd Leno in Close Up.

And we meet a Gooner on his 250<sup>th</sup> European game.

But first, it's time for the restart...

**Sting****The Restart**

1'00"

**The Restart**

This week we're kicking the show back off with a collection of our favourite Wembley strikes after Aaron Ramsey's opener **against** Tottenham last week.

England's national stadium has seen some incredible Arsenal goals down the years and here are some of our favourites.

*Match Comms*

**Sting****Close Up**

6'00"

**Close Up – Bernd Leno**

*Bernd Leno: "The life of a goalkeeper is not easy. One day you are very good, one day you are very bad. But you have to be very strong in your head and your mind. This pushes every goalkeeper and me as well.*

*"It was an exciting day for me. I was a little bit nervous but I think it's normal when you join a new club and when you meet all your new teammates. For me, it was a big step because it was my second professional club and I'm new in this country in England and new in the Premier League. I was very excited to join Arsenal and come to the training ground.*

*"At this moment it was very disappointing, but I didn't think too much about how it feels. I only*

## Segment

## Duration

## Details

wanted to work hard to be the first choice, improve myself, get used to my teammates, have that confidence with my teammates and to get a feel for the football the manager wants to play. Of course it was very difficult, but I trained hard. Petr [Cech] was unlucky and he had an injury so I started to play. I think I did my job well.

“Petr was injured and 30 seconds before half-time I came in. I was completely cold, so it was good that I had half-time to warm up for at least 10 minutes. I came in and I think it was good. I didn't think much, I just came in and just played football. I was just being a goalkeeper and then we won 2-0 so it was a very good half-time debut in Premier League football.

“I never thought about it. I think when I was 19 I played against Petr when he was at Chelsea. It was seven or eight years ago and he's still a legend, but I never thought about it like I replaced him or something else [like that]. We play together, I think we are one goalkeeping group. When I play he supports me and when he plays I support him. We win together and we lose together.

“It's different to go to another country and another league. The Premier League is completely different to the Champions League or the Bundesliga. It's a different way, everything is stronger. We analysed things so I could get used to it. After some weeks I got used to this kind of football. The biggest challenge is that every game is so difficult until the 95th minute. When you play in the Bundesliga, sometimes the game after 2-0 or 3-0 is done, but in the Premier League, when we are 2-0 or 3-0 in front the game is still alive and the opposite team as well. I think the speed of the game is higher than everywhere and that's the reason why the Premier League is the best league in the world.

“Each player wants to have good support from the fans. We need the fans and me as well. It's good to hear that the fans like me or like the way I play. I want to perform each game very well and that the fans are happy as well.

## Segment

## Duration

## Details

*“In the Watford game I think it was a special game because it was the first game. I made some saves there. One after a free-kick and I think after [Troy] Deeney tried to score a goal and I saved the ball. Of course the north London derby was a big win for us. The atmosphere was incredible. I have never seen an atmosphere like this. Everybody after the game was celebrating and singing. It was a very good experience for me and I think that’s the reason why we all love football.”*

## Sting

## Short #1

2’00”

250 – Chris Cannon

*Chris Cannon: “Over the 250 and 37 years: Belgium, France, Portugal, Italy, Spain, Russia, Ukraine, Belarus, Azerbaijan, Finland, Norway, Denmark, Portugal, Cyprus – I mean the list just goes on, it’s hard to remember all of them now. Every game since Moscow 1982, wherever Arsenal have been, I have been.”*

Since 1982, Chris Cannon has been to every single European game we have played.

He’s travelled over land and sea, and can now boast attending an incredible 250 consecutive games in Europe; a remarkable run that began after missing our visit to the former USSR.

*CC: “Moscow was our UEFA Cup first round first-leg game, and I was 17-years-old and a three-day trip worked out at just over a month’s salary. A lot of friends couldn’t afford it and they eventually talked me out of going and they said wait until the next round, so I did. The second leg at Highbury we lost 5-2, so we got knocked out. I swore to them and myself that I would never miss another one in case it was the last one. The run started from there and it has just been growing, and growing, and growing. It has carried on now and I’ve got this far, so I don’t think I can miss one now.”*

Chris has experienced all the highs and lows of our European adventures over the past 36½ years and while each trip has been special in its own way, there are some that stand out more than others.

## Segment

## Duration

## Details

CC: *“Madrid was the one everybody was desperate for. We all had boyhood dreams to go to Madrid and win at the Bernabeu, so we did that. Two of our friends, on approaching the ground, realised they didn’t have their passports or match tickets. Almost in tears, they went back and managed to find out they had left them in a bar. The bar manager still had them on the bar, so they got their tickets and got into the game and we won – so that was a close shave! That was a good one. Villarreal was a special one. Thirty of us in a hotel and we had a big open-air pool. The following morning we were all sitting there, kicking back in the sunshine like this drinking beer, thinking we had just made the Champions League final.”*

Travelling overseas to follow the club isn’t for everyone but for Chris it’s the adventure and above all, that makes it all worthwhile.

CC: *“There’s sort of 25 or 30 of us that go to nearly every game or every game, and they are looking forward to going to different places and having different trips - it’s refreshing. There’s only so many times you can go to Munich, Barcelona and Milan and know exactly what you are getting. We’ve had games like we had in Poltava where we are sitting there on a Tuesday night and someone phones us saying the game has just been moved 400 miles and we are sitting in the town where the game should’ve been. They are the sort of little ones where you think: ‘right, get your head together, sort out our travel’. It makes it a bit more exciting and a bit more interesting.”*

Being there for every single game - home or away - has become part of Chris’ life, superseding almost every other priority and his family and friends have come to accept his dedication to the club.

CC: *“Most of the family have given up. I don’t get invites to weddings or christenings now if it clashes with football. Everybody knows the answer and I think people have sort of given up trying to convert me. I’ve lost a few jobs over the time but now I’ve got an understanding boss who is a fellow Arsenal fan. All the holiday kicks in nicely for the football.”*

**Segment****Duration****Details**

In reaching 250 consecutive European games, Chris has demonstrated unwavering loyalty to the club even if the feat almost passed him by.

*CC: "I didn't really until recently when somebody asked. They just carry on as you go every league game, every cup game and every European game. It was only when somebody asked that we totted it up and thought that it was quite a landmark, actually. Yeah, quite an achievement. I'm kind of proud that I've done it. I wish we had won a few more along the way, but I've had some great times and some great trips."*

**Sting****Added Time**

1'00"

**Added Time**

We're into Added Time now on Arsenal World and this season we're handing that time over to you, the fans. Every week we're giving out signed photos for the best shots from supporters around the globe and here's today's installment.

First up is this snap from Amber and **three** generations of Gooners on Brac Island, Croatia.

Next we have this photo from Debayan from Kolkata at Gurudongma Lake, India.

And our final runner up is Jarvis from Atlanta in Vietnam.

But our shot of the week comes from Shane from Canada on a 300m-high sand dune in the Merzouga Desert, Morocco.

Want to appear on added time? You can send us your photos direct to our email, [addedtime@arsenal.co.uk](mailto:addedtime@arsenal.co.uk). The best shot of the year will win an Arsenal Shirt signed by the whole team, so get snapping, and we'll see you soon right here on Arsenal World.

**Sting****Next Week**

50"

**Next Week**

That's full time for this edition of Arsenal World, but we'll be back next week.

Emile Smith **Rowe** tells us about life on

**Segment****Duration****Details**

loan in Germany.

Anders Limpar's **shares his** Arsenal experience.

Ainsley Maitland-Niles **discusses London life** in Close Up.

And Laurent and Micki **join us for What Do You Know?"**

All that and more... only on Arsenal World!

**Titles****33"****Total****26'00"****(Including Stings)**